

## 4 Spiritual New Year's Resolutions...



- 1) Put your God-given Talents to use. We all have hidden talents, or talents not used to their full potential. Recognize them, ask for guidance from Our Lord and put them to use for the benefit of God's Holy Church.
  
- 2) Ask for forgiveness from our family, friends and Christian brothers and sisters in our parish. Forgiveness is a difficult virtue to put into practice and even more difficult to use regularly. Let us therefore use the virtue of forgiveness as a basis for our continued commitment to theosis and by regarding our earthly relationships with one another as truly important. Let us practice forgiveness, as it is the first step in preparing for Holy Confession and Holy Communion each and every Sunday.
  
- 3) Experience the life of the Church and her many gifts to heal you. Attend Church services; come to Confession and Communion on a regular basis. We were born unto this earth dependent upon our Lord. Use Confession to unburden your sins and Communion to heal you. Rely on your Parish Priest to be your Father Confessor and Spiritual Guide.
  
- 4) Recognize that we are tested by Our Lord and tempted by the devil himself, daily. We are put to the test daily, as in school, so in life. Pray frequently, ask for guidance, see beyond the test, look for the good only in all situations. Avoid temptations that are "too good to be true." Recognize that we are accountable for all of our thoughts, actions and deeds.

Source: **Simply Orthodox**