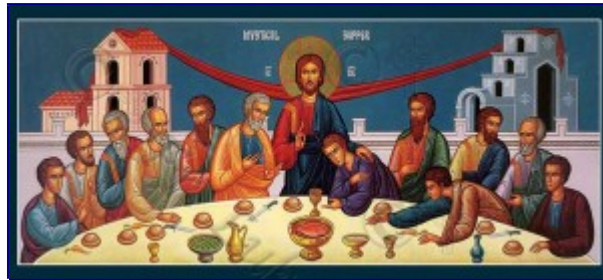


Akathists to the Saviour



Akathist for Holy Communion

If reading alone, say first the following prayers:

<https://orthodoxfiles.wordpress.com/2013/03/31/order-for-reading-akathists-alone/>

Kontakion 1:

Chosen Bridegroom of our hearts and souls, through Thine incarnation and death on the cross Thou hast betrothed all mankind to Thyself forever and hast given us as a pledge of eternal life Thy most pure Body and Blood. Lo! At Thy call, I though unworthy, dare to approach Thy divine Table, and struck by its majesty, I cry:

Jesus, God of my heart, come and unite me to Thyself forever.

Ikos 1:

Thou didst send Thine Angel to the Prophet Isaiah with a live coal from the heavenly altar that his lips might be purified thereby, when, beholding Thee seated upon Thy throne, he was distressed over his impurity. And how shall I, who am defiled in body and soul, dare to approach to partake of Thy divine Mysteries for communion except Thou Thyself purify me from on high? Wherefore, I cry out to Thee from the depths of my soul:

Jesus most good, touch also mine impure lips with the fire of Thy grace.

Jesus, burn the thorns of my many transgressions.

Jesus, create in me a clean heart, and renew a right spirit within me.

Jesus, lead my poor soul out of the prison of the passions.

Jesus, destroy in me impure thoughts and evil lusts.

Jesus, guide my feeble steps to the path of Thy commandments.
Jesus, God of my heart, come and unite me to Thyself forever.

Kontakion 2:

Greatly desiring to eat a last Passover with Thy disciples before Thy Passion, that in the midst thereof Thou mightest give them the last and greatest pledge of Thy love, Thou didst send two of them to Jerusalem two days before Thee, that thus they might prepare it. Hence, learning how we, too, ought to prepare ourselves betimes to eat of the divine Passover which is Thy Body and Blood, I cry out to Thee in thanksgiving: Alleluia!

Ikos 2:

“Loose thy sandals from off thy feet, for the place whereon thou standest is holy ground ,” didst Thou say unto Moses from out of the bush which burned yet was not consumed by Thine unseen presence therein. The vessel which containeth Thy Body and Blood is greater and more holy indeed than the unburnt bush, but I am dust, unclean and sold under sin. Wherefore, with humility and faith I cry out to Thee:

Jesus almighty, strip from me the old man and all his works.
Jesus, slay within me the seed of corruption which maketh its nest within me.
Jesus, break Thou the bonds of sin whereby the enemy hath bound me.
Jesus, grant me a humble heart and a broken spirit.
Jesus, drive far from me temptations and occasions for stumbling.
Jesus, establish me in faith and love for Thee.
Jesus, God of my heart, come and unite me to Thyself forever.

Kontakion 3:

“Our fathers did eat manna in the wilderness, and are dead. I am the Bread which cometh down from heaven which, if any man eat thereof, he shall live forever. And the Bread which I will give is My Flesh, which I will give for the life of the world,” Thou didst say to the Jews that sought to see from Thee a sign from heaven like unto the manna of Moses, And hearing and beholding the fulfillment of the prophecy, we cry out with fear: Alleluia!

Ikos 3:

Having risen from the supper, as the holy John doth relate, and girded. Thyself about with a towel, Thou didst wash the feet of the disciples, thereby teaching us that we ought not to approach Thy divine Table in our sins unwashed by tears of repentance. Mindful of my great need for this mystical ablution and of the dearth of tears of my hardened heart, with Peter I cry to Thee:

Jesus all-good, do Thou Thyself wash not only my feet, but my hands and head as well.
Jesus, lay bare before me the abyss of my soul's corruption!
Jesus, open within me the floodgates of heartfelt contrition!
Jesus, bedew me with the drops of Thy loving-kindness!
Jesus, wrap me about with the fear of the judgment and the eternal torments!

Jesus, awaken within me my sleeping conscience and strengthen its voice.
Jesus, God of my heart, come and unite me to Thyself forever.

Kontakion 4:

“Is this not Jesus, the Son of Joseph, Whose father and mother we know? How is it, then, that He saith, I came down from heaven? How can He give His Flesh to eat?” said the Jews among themselves, on hearing Thy most glorious promise to give Thyself as food to the faithful, unable in the hardness of their hearts to believe with humility and cry out to Thee: Alleluia!

Ikos 4:

“Except ye eat the Flesh of the Son of man, and drink His Blood, ye have no life in you,” Thou didst tell the Jews that were slow to believe, and this saying was shown to be hard to accept even for certain of Thy disciples that were yet ignorant of the mysteries of the kingdom of heaven. But we, illumined with light of the Gospel and beholding Thy divine glory with face unveiled, cry out to Thee with faith and love:

Jesus, Who canst do everything through the greatness of Thy power and dominion!
Jesus, Who createth and perfecteth more than we can understand and comprehend!
Jesus, Who once rained down manna from heaven as a sign of the present Mystery!
Jesus, Who didst pour forth water from a rock as a prefiguring thereof.
Jesus, Who didst send a cloud of quail as food for the Jews, who were starving in the wilderness!

Jesus, Who before the very eyes of the doubting Jews didst satisfy five thousand men with five loaves of bread.

Jesus, God of my heart, come and unite me to Thyself forever.

Kontakion 5:

While eating Thy supper with Thy disciples, taking bread, and blessing and breaking it, Thou didst give it to them, saying: “Take, eat; this is My Body, which is broken for you for the remission of sins.” And thereafter, having given them the Cup, Thou didst say: “Drink ye all of it: this is My Blood of the New Covenant, which is shed for you and for many for the remission of sins.” Harkening to this divine and most sweet voice, with thanksgiving we cry: Alleluia!

Ikos 5:

He who eateth My Flesh, and drinketh My Blood, dwelleth in Me, and I in him. He hath eternal life; and I will raise him up at the last day, which is at the resurrection of life and blessedness. Wherefore, seeking to be vouchsafed this longed-for resurrection unto life, from the depths of my soul I cry to Thee:

Jesus, draw nigh unto one that seeketh union to Thee:

Jesus, enter into my inmost parts, into all my members and bones.

Jesus, be Thou a light unto my darkened mind.

Jesus, fill with Thyself the abyss of my heart, which the whole world cannot satisfy.

Jesus, speak through the voice of my conscience.

Jesus, stir and guide my will.

Jesus, God of my heart, come and unite me to Thyself forever.

Kontakion 6:

“Verily, verily, I say unto you that one of you shall betray Me,” Thou didst say in anguish of spirit to Thy disciples at the supper. And though they were innocent of any intention to betray Thee, each of them asked Thee: “Lord is it I?” showing thereby the depth of their humility. But what can I say to Thee when I fall and betray Thee seven times a day? Yet keep me Thyself, that I may not fall away utterly, but cry to Thee thankfully: Alleluia!

Ikos 6:

“As the branch cannot bear fruit of itself, except it abide in the vine, no more can ye, except ye abide in Me. He that abideth in Me, and I in him, the same bringeth forth much fruit.” Thus, working wonders Thou didst teach Thy beloved disciples on the way to Gethsemane. Therefore, attending to this instruction, and knowing the weakness of my nature without Thy grace, I earnestly cry to Thee:

Jesus, most heavenly Husbandman, do Thou Thyself plant me in Thy life-bearing garden.

Jesus, true vine, graft me to Thyself like a wild branch!

Jesus, unwithering root, fill me with the sap of eternal life!

Jesus, Vanquisher of all mortality, clear away that which hath been dried up within me by the heat of the passions.

Jesus, beautiful goodness, adorn me with the flowers of good thoughts and feelings!

Jesus, rich in mercy, enrich me with the fruits of true repentance and righteousness.

Jesus, God of my heart, come and unite me to Thyself forever.

Kontakion 7:

To the disciple who at the supper leaned upon Thy breast and asked: “Who is it that betrayeth Thee?” Thou didst answer; “He it is to whom I shall give a sop, when I have dipped it.” And, having dipped the bread, Thou didst give it to Judas Iscariot, the son of Simon, to move him to repentance. But, being hardened by the spirit of malice, he had no desire to understand his Lord and Master’s voice of love. May I be delivered by Thy grace from such hard-heartedness, by crying to Thee: Alleluia!

Ikos 7:

Taking pity on the weakness of our nature, which turneth away from eating human flesh, Thou wast well-pleased to bestow upon us Thine all-pure Body and Blood not manifestly, but under the appearance of Bread and Wine, most wisely ordering the whole matter of our salvation in Thy love for mankind, O Jesus, and accommodating Thy most saving Mysteries to the weakness of our comprehension and senses. Marvelling at this condescension of Thy wisdom to the weakness of our nature, I thankfully glorify Thee thus:

Jesus, Who in Thy wisdom and love for mankind arrangest all things for our salvation!

Jesus, Who adaptest Thy most saving Mysteries to the weakness of our understanding

and senses.

Jesus, Who for the assurance of the doubting hast many times manifested Thy very Body and Blood at Thy holy Table, instead of bread and wine.

Jesus, Who hast shown to worthy ministers of the altar the Holy Spirit descending for the consecration of the Gifts!

Jesus, Who instead of unworthy ministers of the altar dost send invisibly Thy holy Angels for the celebration of the Divine Mysteries.

Jesus, Who through the manifestation of miracles at the holy Table, hast converted to faith many of the impious. *Jesus, God of my heart, come and unite me to Thyself forever.*

Kontakion 8:

And after the sop – that is, after the traitor had eaten the bread Thou gavest him – as the holy John relateth, Satan entered into him. Oh, what a dreadful punishment for unbelief Oh, how unhappy the lot of the traitor! What should have been for his salvation is turned into death and damnation for him. Bowing reverently before this judgment of Thy righteousness, with fear and trembling I cry to Thee: Alleluia!

Ikos 8:

“Do this in remembrance of Me,” didst Thou say to Thy disciples at the supper, giving them Thy Body under the appearance of Bread, and Thy Blood under the appearance of wine. For as often as we eat this bread, and drink this cup, we show forth Thy death, according to the word of the holy Paul. And now, remembering Thy Passion, with compunction I cry to Thee: Jesus, Who for the salvation of the world didst give Thyself over voluntarily into the hands of Thine enemies!

Jesus, Who didst not allow legions of angels to appear in Thy defense!

Jesus, Who with a glance and with the crowing of a cock didst convert to repentance an unfaithful disciple!

Jesus, Who didst make no reply to Caiaphas and Pilate who questioned Thee foolishly.

Jesus, Who from the Cross didst ask the Father to forgive the sins of them that crucified Thee!

Jesus, Who in Thy surpassing loving-kindness didst give Thy beloved disciple to Thy Mother as a son.

Jesus, God of my heart, come and unite me to Thyself forever.

Kontakion 9:

“Judas, betrayest thou the Son of Man with a kiss?” Thou didst sadly cry out to Thine unfaithful disciple, when he came with a detachment of troops into the Garden of Gethsemane seeking to betray Thee with a kiss. But even these poignant words did not strike his soul, hardened’ in evil, with repentance. And, knowing the inconstancy of mine own will, I fear lest at any time I, too, give thee the kiss of Judas, ungrateful as I am. But do Thou Thyself strengthen me by Thy grace, that with the good thief I may ever cry out: Alleluia!

Ikos 9:

I pray that they all may be one, as Thou. Father, art in Me and I in Thee, that they also may be one in Us; that the world may believe.” Thus didst Thou exclaim in !Thy last great prayer to the Father. Following this, Thy voice most sweet, and trusting in the power of Thy prayer, with faith I cry to Thee:

Jesus, Who gatherest all together as one, unite us all inseparably with Thee and Thy Father!

Jesus, grant that we all abide in oneness of mind, in faith and in love for Thee.

Jesus, Who cannot abide enmity and division, destroy impious heresies and schisms!

Jesus, Who lovest and hast mercy upon all, gather all the lost sheep into one flock.

Jesus, Who guest peace to all, allay the envy and gainsaying among them that call upon Thy name.

Jesus, Who givest me the Communion of Thy very Body and-Blood, may I be truly flesh of Thy Flesh and bone of Thy Bones.

Jesus, God of my heart, come and unite me to Thyself forever.

Kontakion 10:

By turning water into wine at the wedding supper in Cana of Galilee, Thou didst manifest the first sign of Thy divine power. Then, when about to depart to the Cross as the Bridegroom of souls, Thou didst manifest to them that believe in Thee the last miracle of Thy love, by changing bread into Thy Body; and wine into Thy Blood, and nurtured thereby unto life eternal, I, too, thankfully cry out to Thee: Alleluia!

Ikos 10:

On the day of Thy resurrection, accompanying in the guise of a traveler two of Thy disciples on the way to Emmaus, Thou didst instruct them in the mystery of Thy Passion; but their eyes were holden that they should not recognize Thee, though their hearts burned within them at the sweetness of Thy words. But when, bowing to their request, Thou didst go to tarry with them and, and having blessed the Bread, didst give It them, straightway their eyes were opened and they recognized Thee. Like those disciples, I, too, humbly make bold to raise my voice to Thee thus:

Jesus long-suffering, forsake me not on the path of life because of the insufficiency of my faith.

Jesus, teach me, like them, to understand the prophecies concerning Thee and the mystery of union with Thee by grace.

Jesus, warm and inflame my cold heart, as Thou didst those of Thy disciples.

Jesus all-good, abide also with me, for the day of my life is far spent and it is towards evening.

Jesus, grant me to know thee truly in the present breaking of the mystical Bread and in drinking from the Chalice!

Jesus, grant that even I, perceiving the power of Thy love, may become a proclaimer thereof to my brethren.

Jesus, God of my heart, come and unite me to thyself forever.

Kontakion 11:

To him that is victorious hast Thou promised to give to eat of the Tree of Life, which is in the midst of the paradise of God, and of the hidden manna. May I be prepared on earth for this heavenly fare by the Communion of Thy Body and Blood, which as I now unworthily approach, I cry: Alleluia!

Ikos 11:

He that eateth and drinketh unworthily, eateth and drinketh judgment to himself, not discerning the Body and Blood of the Lord, the heaven-rapt Paul doth admonish them that approach for Communion. Wherefore, I, too, fear and tremble at mine unworthiness; yet lest, by separating myself for long from Thy Communion, I fall prey to the noetic wolf, I draw nigh to Thee with such a cry:

Jesus, receive me, as Thou didst receive the publican, the harlot and the thief!
Jesus, disdain not to enter under the roof of my soul, though it is all empty and fallen.
Jesus, open the eyes of my soul, as thou didst open the eyes of the man who was blind from birth!

Jesus, say to me too, as to the paralytic: Arise and walk!

Jesus, stanch the flow of the impure desires of my soul as Thou didst stanch the flux of the woman with an issue of blood!

Jesus, heal the leprosy of my soul and conscience.

Jesus, God of my heart, come and unite me to Thyself forever.

Kontakion 12:

Through the envy of the devil who spoke through the mouth of the serpent, and through the eating of the forbidden fruit, the whole human race lost paradise and was given over to death. But by tasting of Thy most pure Body and Blood all men are again vouchsafed eternal life and rise up to their former state. For the Communion of Thy life-creating Mysteries is an antidote against the venom of the serpent and is the seed of immortality. Wherefore, I thankfully cry out to Thee: Alleluia!

Ikos 12:

Lo! I stand before the vessel which holdeth Thy divine Mysteries, yet I put not away mine evil thoughts. Thine almighty grace alone doth hearten and draw me on. Wherefore casting myself into the abyss of Thy loving-kindness, I cry out:

Jesus, Who callest all that labor and are heavy laden to rest in Thee, receive me, who labor under the vanity of this world.

Jesus, Who didst come to call not the righteous, but sinners to repentance, absolve me of my sins and passions!

Jesus, Who healest every infirmity and disease, heal Thou the wounds and festering of my soul.

Jesus, Who didst satisfy the hungry, feed me with Thy Body and Blood!

Jesus, Who didst raise the dead, quicken me who have been slain by my sins.

Jesus, Conqueror of hell, rescue me from the jaws of the spirit of malice.

Jesus, God of my heart, come and unite me to Thyself forever.

Kontakion 13:

O Jesus most sweet and all-compassionate, Who dost ever descend like manna from heaven to nourish our souls and hearts in the mystery of Thy most pure Body and Blood: vouchsafe me to partake uncondemned of Thy Divine Mysteries, that, being healed, nurtured, sanctified and deified by Thee forever, I may thankfully cry: Alleluia!

(Thrice)

(Repeat Ikos 1 and then Kontakion 1)

Akathist to the Tomb and the Resurrection of the Lord



If reading alone, say first the following prayers:

<https://orthodoxfiles.wordpress.com/2013/03/31/order-for-reading-akathists-alone/>

Kontakion 1:

To the chosen Champion Leader risen from the dead, a hymn of victory do we sing unto Thee, O Christ Eternal King, for Thou hast risen from the tomb: and we being delivered from everlasting corruption, bring joyous acclamations unto Thine honorable tomb crying out:

Rejoice, life-bearing tomb whence Christ hath risen!

Ikos 1:

An Archangel came down from heaven to roll away the stone from before Thy tomb at Thy resurrection, O Christ God, and to announce Thy rising unto the Myrrh-bearers saying: Go

ye and tell His disciples that He is risen from the dead. And they, wondering at the strange word of the angel, cried unto Thy life-bearing tomb these praises:

Rejoice, life-bearing tomb wherein Christ lay as dead and whence He arose upon the third day!

Rejoice, for He arose from thee and hath granted us resurrection!

Rejoice, for as a bridegroom from the bridal-chamber so did Christ come forth from thee, leading hell captive!

Rejoice, for in His rising the dead of all ages have arisen.

Rejoice, for by thee hath Peter the chief Apostle known the resurrection!

Rejoice, for by Christ's lying within thee hath all the earth been hallowed.

Rejoice, life-bearing tomb whence Christ hath risen!

Kontakion 2:

When Mary Magdalene and the other Mary came unto Thy tomb to anoint Thy Body, O Christ God, they found an angel sitting upon the stone and he said unto them: Be ye not afraid for I know that ye seek the Crucified! He is not here but is risen as He said unto you. And when they had announced the resurrection to the disciples then did all sing as unto the Creator and Master of All, the angels' hymn: Alleliua.

Ikos 2:

Their thoughts storming within their minds, Thy disciples, O Christ, knew not the scripture that it was fitting for Thee to rise from the dead: therefore, they did not believe the Myrrh-bearers' joyous announcement of Thy rising: but Peter ran unto Thy tomb and stooping down beheld the linen clothes laid by themselves and the napkin which had been about Thy divine Head, and rightly believed together with the rest of the disciples and, therefore, rejoicing, cried such praises unto Thy life-bearing tomb:

Rejoice, life-bearing tomb, for by thee was wrought the salvation of all the world!

Rejoice, for thou art venerated by all creation.

Rejoice, for coming unto thee from the North and from the sea the faithful glorify Christ!

Rejoice, for from the West and from the East all magnify the resurrection within thee.

Rejoice, for thou wast couch and repose unto the King of kings.

Rejoice, for by thee the assembly of the Jews was put to shame.

Rejoice, life-bearing tomb whence Christ hath risen!

Kontakion 3:

The sentries, that vain guard placed about Thy tomb, O Christ, heard the mighty earthquake and the Angel proclaiming the good news of Thy resurrection to the Myrrh-bearers and, quaking with fear became as dead men, and rushing headlong into the city told the high-priest and the elders the things that had come to pass, but in their great unrighteousness they thought to conceal Thy resurrection but were not able, and rather taught all to sing: Alleliua.

Ikos 3:

The Arimathean who from fear of the Jews had secretly been Thy disciple, O Christ, did beg Thy divine body from Pilate and then, too, did Nicodemus come bearing a mixture of myrrh and aloes and did anoint Thine incorruptible body, and, having wrapped it in a winding sheet with spices, did lay Thee in a new tomb wherein no other had yet been placed but Thou only, O Lord, that Thou mightest sanctify the substance of the earth. But when they had learned of Thy resurrection from the dead, they shouted praises unto Thy life-bearing tomb:

Rejoice, life-bearing tomb, for the mysteries of salvation have been performed within thee!
Rejoice, for by thee the resurrection hath been made known unto all the world.

Rejoice, sure and certain knowledge of the resurrection!

Rejoice, for Christ coming forth from thee hath led captivity captive, and brought human nature unto God the Father.

Rejoice, for although as man He was laid within thee, as God did He arise with glory!

Rejoice, for thou didst hold within thyself Him Who holdeth all creation.

Rejoice, life-bearing tomb whence Christ hath risen!

Kontakion 4:

When the Myrrh-bearers came unto Thy disciples, O Christ God, announcing Thy resurrection, they were filled with joy and went into Galilee to the mount, as Thou hadst commanded them! and seeing Thee, very God, in the flesh and not an apparition, they worshiped God, crying: Alleliua.

Ikos 4:

This knowledge remained unknown to the Jews who neither understood the prophecies nor sought to understand Thy resurrection, O Christ: how Thou couldst come forth from Thy tomb without breaking the seals thereof. Wherefore do they slander and jeer at Thy rising, but we, marveling at the mystery, bring praises to Thy life-bearing tomb, saying:

Rejoice, life-bearing tomb, for Christ from thee hath risen and raised up the dead!

Rejoice, for through thee hell is known and stripped bare.

Rejoice, for the naked Adam is once more clothed in a divinely-woven garment!

Rejoice, for the earth, polluted by Abel's fratricidal blood, is hallowed again by Christ's abiding in thee.

Rejoice, for when the Angel had rolled away the stone from before thee, the Myrrh-bearers came to know of Christ's resurrection!

Rejoice, for when Christ had arisen from thee, the news of this resurrection did spread throughout all the world.

Rejoice, life-bearing tomb whence Christ hath risen!

Kontakion 5:

On the eighth day after Thy resurrection, Thou, O Lord, didst come unto Thy disciples, although the doors were closed, and bestow the gifts of the Holy Spirit upon them. And then Thou didst say unto Thy disciple Thomas, "Come hither and touch Me!" and he, at the

touch, knew Thee as being truly risen and not an apparition. Wherefore together with the other disciples did he cry unto Thee: Alleluia.

Ikos 5:

We see the council of the Jews, the falsely-wise orators, mute as fish and unable to speak about Thy resurrection, O Christ, and not understanding the prophecies, how it was meet for Thee, the God of all, to rise from the dead. But we, marveling at the mystery of Thy resurrection, cry out unto Thy life-bearing tomb:

Rejoice, life-bearing tomb, for Pilate's foolish watchmen were terrified when Christ came forth from thee!

Rejoice, for He Who arose from thee broke not the seals upon the grave.

Rejoice, O truly rich tomb, for thou didst hold within thyself Christ the Lifegiver, Who bestoweth life upon all!

Rejoice, for when Christ arose from thee the heavens did Rejoice.

Rejoice, for then the things of earth did teach the resurrection to all!

Rejoice, life-bearing tomb whence Christ hath risen!

Kontakion 6:

When after Thy resurrection Thou, O Christ, didst reveal Thyself to Thy disciples at the sea of Tiberias and command them to cast the net on the right side of the ship, then did Thy beloved disciple, recognizing Thee, O God, from the mighty draught of fishes, say unto Peter, "It is the Lord!" And as soon as they had come to land, they saw a fire and fish thereupon and bread, and in the giving of bread they did know Thee and as to the risen God did shout: Alleluia.

Ikos 6:

The women made their way unto Thy tomb in the deep dawn, O Christ God, and though they found not Thy sought-for body, O Jesus, they discerned not Thy rising, but straightway saw an Angel standing before them, who asked them, "Why seek ye the living among the dead? He is not here, but is risen." And seeing Thy resurrection with great gladness they cried out these praises unto Thy life-bearing tomb:

Rejoice, life-bearing tomb, for by Christ's abiding within thee the nether regions were seized with great fear!

Rejoice, for then with trembling did hell give up the dead which it had held down through the ages.

Rejoice, for by Christ's rising we are all restored to newness of life!

Rejoice, for by Christ's rising from thee Thomas was taught to say, "My Lord and my God!"

Rejoice, for in Christ's rising all creation hath found joy!

Rejoice, too, O Arimathean, for within thine own garden thou hast acquired so great a treasure.

Rejoice, life-bearing tomb whence Christ hath risen!

Kontakion 7:

The sun at Thy passion, O Christ, unable to bear the raging frenzy of the lawless, did hide its light and the veil of the temple was rent, and when Thou wast laid in the life-bearing tomb the earth was shaken as though wanting to swallow up the unlawful, but Thou as God didst rise in glory and with Thyself didst raise up Adam, the father of us all. Wherefore, unto our truly risen God to we sing: Alleluia.

Ikos 7:

After Thy resurrection, O Christ, Thou didst reveal Thyself unto Luke and Cleopas along the way and didst accompany them as they discussed together those things that had happened unto Thee, O Master of all, and Thou wast scorned by them as being but a stranger in Jerusalem. But Thou as God didst open unto them the prophecies concerning Thyself and thus wast known by them in the breaking of the bread, whence with great joy they turned back to Jerusalem and told the good news of Thy resurrection and appearance unto Thy disciples. Wherefore, all together they did worship and sing praises unto Thy life-bearing tomb:

Rejoice, life-bearing tomb, for thou hast received within thyself Christ, the heavenly bread, given as food for all!

Rejoice, for thou wast able to contain Christ as a sleeping king.

Rejoice, for heaven and earth were filled with glad tidings when Christ arose from thee!

Rejoice, for by thee the Jews were brought to disgrace.

Rejoice, for no longer are the unlawful able to slander Christ's resurrection.

Rejoice, for through thee the Apostles' choir was filled with joy.

Rejoice, life-bearing tomb whence Christ hath risen!

Kontakion 8:

Mankind together with all the Angels doth stand in wonder before Thy great care for us — Thou Who as God art inaccessible and yet as an approachable man art seen by all! Thou Who wast crucified and buried and Who didst rise in glory, and therefore, unto Thee as Creator and Master doth sing: Alleluia.

Ikos 8:

In Thy resurrection, O Christ, Thou didst show forth the new creation, for, just as in Thy birth from the Virgin, Thou didst not destroy the seal upon the tomb. Therefore, we honor Thy Passion, we glorify Thy Burial, in faith we worship Thy glorious Resurrection and offer hymns of thanksgiving unto Thy tomb, saying:

Rejoice, life-bearing tomb, for Christ is risen from thee and hath renewed all the world!

Rejoice, for the stone that was rolled away from thee hath shattered the gates and door-posts of hell.

Rejoice, for the sun of the whole world hath shone forth from thee!

Rejoice, for when Christ lay within thee the nether regions were shaken asunder.

Rejoice, for those dead whom hell of old did seize, it hath unwillingly given back alive!

Rejoice, thou lightning flash which did hide the divine pearl within thyself.

Rejoice, life-bearing tomb whence Christ hath risen!

Kontakion 9:

The Apostles, those God-bearing heralds of Thy resurrection, were sent out into all the world and they did preach Thee, the true God! they taught all the faithful to sing unto Thee, the Creator and Master: Alleluia.

Ikos 9:

After Thy rising from the grave, Mary Magdalene came unto the tomb while it was still dark and saw the stone taken away from the tomb. She, therefore, went quickly to the disciples, saying, "They have taken away the Lord out of the sepulchre!" Then Peter, that disciple of burning faith, ran with John to the tomb and peering within saw the garments lying together and, coming to the knowledge of Thy resurrection, began to shout praises to Thy life-bearing tomb:

Rejoice, life-bearing tomb, for when Christ was shut within thee He shone forth light upon the nether regions!

Rejoice, for when the stone was removed from thee the stoney-hearted nations began to sing, "Christ is truly risen!"

Rejoice, for within thee God did pass three days asleep in the flesh!

Rejoice, for by His rising hath He awakened those who through the ages have been asleep.

Rejoice, for coming forth from thee He hath bestowed resurrection upon all!

Rejoice, for as a bright sun shining forth from thee hath He enlightened all the world.

Rejoice, life-bearing tomb whence Christ hath risen!

Kontakion 10:

The earth grew frightened and fell silent, seeing Thee its Creator lying in a small tomb, and hell, trembling with fear before Thy power, gave up its dead preparing for Thee Thy rising to the Father from Whom Thou wast never separate. Wherefore do we sing unto Thee: Alleluia.

Ikos 10:

Mary Magdalene with most ardent faith in Thee, O Jesus Christ, came very early unto Thy tomb, O Savior, and was granted the vision of an angel telling her, "He is not here, but is risen." Furthermore, Thou didst Thyself appear to her as God, therefore she was sent as the bearer of good news to announce to Thy disciples Thy rising to the Father. Thy disciples were thereby filled with joy and together with the Myrrh-bearers offered praises unto Thy life-bearing tomb, crying:

Rejoice, life-bearing tomb, thou opening of the gates of paradise!

Rejoice, for of Him Who lay within thee doth hell unwillingly speak truly, saying, "It were better for me had I never seized the Son of Mary!"

Rejoice, for He Who arose from thee hath led hell captive and filled the heavenly Jerusalem!

Rejoice, for as one who sleepeth hast thou held within thyself the very Lamb, the Son of God.

Rejoice, for according to the prophecy Christ did sleep within thee and as a lion did take His rest and who hath stirred Him up?

Rejoice, for from thee He raised Himself by His own power.

Rejoice, life-bearing tomb whence Christ hath risen!

Kontakion 11:

When the Savior stood before His disciples, granting them peace, He also gave them the power to forgive sins and to baptize in the name of the Father and of the Son and of the Holy Spirit and to preach His resurrection from the dead! and they did go and teach all nations to cry unto the risen God: Alleluia.

Ikos 11:

After Thy rising from the dead, O Christ, appearing unto Thy disciples Thou didst say unto Simon Peter, "Simon, son of Jonas, lovest thou Me?" And after his threefold declaration of his love for Thee, Thou didst establish him as the first leader of Thy Church and all the faithful, having known Thee the risen God, cried out praises to Thy life-bearing tomb:

Rejoice, life-bearing tomb, for in coming forth from thee hath Christ made us a path up to heaven!

Rejoice, for, placed within thee, Christ hath raised up the dead of all the ages.

Rejoice, for unto the resurrected hath He given eternal life!

Rejoice, for the Cross and Resurrection are glorified in thee!

Rejoice, for by thee the sentries learned of the resurrection.

Rejoice, for thou art the fountain of divine knowledge.

Rejoice, life-bearing tomb whence Christ hath risen!

Kontakion 12:

Glorifying Thy Passion, we honor Thy divine providence for us and we worship Thy divine resurrection. Glorifying Thine all-glorious ascension from earth unto the heavenly Father, we pray: Take not Thine all-holy Spirit away from us, so that we may all sing unto Thee as Creator and Master: Alleluia.

Ikos 12:

Thou the radiance of the Father didst go unto the Mount of Olives and then a most bright cloud did lift Thee up, as Thy disciples looked on, O Almighty One, and Thine angels said unto Thine Apostles, "Ye men of Galilee, why stand ye gazing up into heaven? Him Whom ye see taken up from you shall come again in the flesh." And they returned to Jerusalem with joy, praising Thee, the true God, and offering praises unto Thy life-bearing tomb, wherein Thou wast laid and on the third day didst rise:

Rejoice, life-bearing tomb, for from thee hath Christ, the ineffable light, shone forth and enlightened the whole world.

Rejoice, for the Myrrh-bearers did hear, "

Rejoice!" when Christ arose from thee.

Rejoice, for thou hast been the resting-place of the King of kings and Lord of lords!

Rejoice, for thou hast held the sustainer of all creation.

Rejoice, for the most wise Jews were made fools by thee, for they could not speak against the resurrection!

Rejoice, for the choir of the Apostles hath found joy through thee.

Rejoice, life-bearing tomb whence Christ hath risen!

Kontakion 13:

O most holy and life-bearing tomb of Christ, thou the enrichment of all the world! Standing before thee as the bearer of life we pray unto Christ our God Who lay within thee and rose in glory on the third day, that He deliver His inheritance from famine, pestilence, earthquake and flood and from every mortal wound, that He grant peace unto Orthodox Christians and subdue under their feet those who strive against them, that we may all sing unto Thee, our Creator and Master: Alleluia.

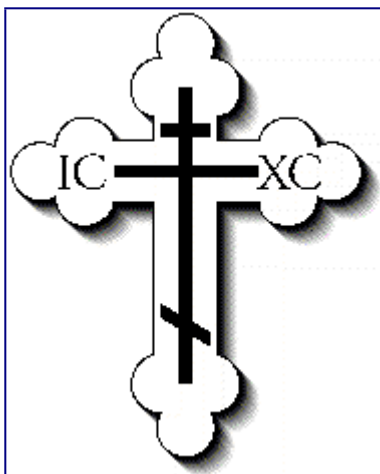
(Thrice)

(Repeat Ikos 1 and then Kontakion 1)

[Leave a comment](#) | tags: [akathist](#), [Akathist to the Tomb and the Resurrection of the Lord](#), [Orthodox](#) | posted in [Akathists to the Saviour](#)

[March 31, 2013](#)

[Akathist to the Precious Cross](#)



If reading alone, say first the following prayers:

<https://orthodoxfiles.wordpress.com/2013/03/31/order-for-reading-akathists-alone/>

Kontakion 1:

Thrice-blessed and all-worshipful Cross of Christ, we the faithful venerate and magnify you

being joyous at your divine Exaltation. But since you are the trophy and unconquered weapon, by your grace protect, cover, and shelter those who cry to you:

Rejoice, O Wood most blessed.

Ikos 1

:

Angels from Heaven invisibly circle the life-bringing Cross in fear, and seeing it now brilliantly shedding light-bestowing grace upon the faithful, amazed they stand and cry to you such words as these:

Rejoice, O Cross, guardian of the world;
Rejoice, the glory of the Church;
Rejoice, you that bountifully gush forth with healings;
Rejoice, you that enlighten the ends of the earth;
Rejoice, Wood fragrant with life, and treasury of wonders;
Rejoice, fitly-joined, thrice-blessed, and bestower of graces;
Rejoice, for you are the divine footstool;
Rejoice, for you were ordained for the worship of all;
Rejoice, bowl of nectar, full to the brim;
Rejoice, torch of the radiance above;
Rejoice, you through whom the creation is blessed;
Rejoice, you through whom the Creator is worshipped;
Rejoice, O Wood most blessed.

Kontakion 2:

Perceiving the longing within her Queen Helen spoke to the Emperor boldly: "The great desire of your soul corresponds to my zeal; therefore, seeking for you that most excellent trophy, the Most Holy Cross, I cry: Alleluia!

Ikos 2:

With spiritual insight, Queen Helen called out to her attendants: "From the depths of the earth, hasten with speed to discover and give me the Cross" to which, when she saw it, she spoke in fear crying out:

Rejoice, the sign of joy;
Rejoice, redemption from the ancient curse;
Rejoice, treasure in the earth by hidden envy;
Rejoice, that which appeared in the stars as a sign;
Rejoice, four-rayed-beaconing and fire-like Cross;
Rejoice, ladder set on high, foreseen once of old;
Rejoice, wonder of Angels;
Rejoice, wounding of demons;
Rejoice, welcome relic of the Word;

Rejoice, quencher of deception's fire;
Rejoice, O Cross, protector of the helpless;
Rejoice, the stern trainer of the victors;
Rejoice, O Wood most blessed.

Kontakion 3:

The might of the Wood was then shown forth as a true pledge to all, and it raised to life the woman that was voiceless and dead to life – an awesome sight to them that shall reap salvation by singing: Alleluia!

Ikos 3:

Holding the Cross, the invincible weapon, Queen Helen ran back to her son, and he Rejoiced greatly when he looked upon the Holy Cross, and rejoicing he cried to it such words as these:

Rejoice, O Cross, vessel of light;
Rejoice, O Cross, treasury of life;
Rejoice, bestower of the gifts of the Spirit;
Rejoice, storm-free port of those at sea;
Rejoice, table that holds Christ as Sacrifice;
Rejoice, vine that bears the mystical vine;
Rejoice, for you protect the scepters of princes;
Rejoice, for you crush the heads of demons;
Rejoice, illustrious mark of the faith;
Rejoice, preservation of all the world;
Rejoice, God's blessing upon mortals;
Rejoice, our mediation with God;
Rejoice, O Wood most blessed.

Kontakion 4:

Receiving divine zeal within, Queen Helen diligently sought and found the Cross hidden in the earth and upon seeing it, the whole people cried in faith: Alleluia!

Ikos 4:

Like the sun, the Cross appeared in the world, and all men were filled with its light, and running as towards a star, they viewer it as the cause of good raised up by Hands divine, and hymning it they said:

Rejoice, dawn of the spiritual Sun;
Rejoice, font unfailing of myrrh;
Rejoice, recall of Adam and Eve;
Rejoice, death-blow to the princes of Hades;

Rejoice, for in being exalted you now also exalt us;
Rejoice, for in being venerated you sanctify men's souls;
Rejoice, the world proclaimed report of the Apostles;
Rejoice, most plentiful strength of champions;
Rejoice, O Cross, reproach of the Jews;
Rejoice, praise to men of the Faith;
Rejoice, you through whom Hades was cast down;
Rejoice, you through whom grace did rise up;
Rejoice, O Wood most blessed.

Kontakion 5:

Having beheld the God-crowned Wood, let us come under its protection, and taking it up as a weapon, with it we put our enemies to flight, and touching the untouchable with our lips we cry to it: Alleluia!

Ikos 5:

The Great Constantine beheld a light from the heaven, displaying the sign of the Cross in the stars through which he was also to conquer a multitude of adversaries, he made haste to reveal the Wood and to cry to it such words as these:

Rejoice, accomplishment of the ineffable counsel;
Rejoice, the horn of godly people;
Rejoice, you that turns back the ranks of our foes;
Rejoice, you flame that burns the demons;
Rejoice, heavenly scepter of the faithful King;
Rejoice, invincible trophy of the Christ-loving armies;
Rejoice, you that humble the arrogance of barbarians;
Rejoice, you that care tenderly for the souls of men;
Rejoice, defense against many evils;
Rejoice, awarder of many good things;
Rejoice, you on whose account the Christ-bearers run with joy;
Rejoice, you on whose account the Jews lament;
Rejoice, O Wood most blessed.

Kontakion 6:

The Cross of the Lord became a ladder as lofty as heaven, leading up all from earth that they might always dwell together with the choirs of Angels, abandoning things present as though they were not, and singing: Alleluia!

Ikos 6:

Shining as a light upon all in Hades, O Savior you enlightened them who were in darkness, and the gate-keepers of Hades, not enduring your coming, fell down as dead, but they who were delivered now behold the Cross and cry:

Rejoice, resurrection of the dead;

Rejoice, consolation of those that mourn;
Rejoice, despoiling of the treasures of Hades;
Rejoice, enjoyment of the Paradise of delight;
Rejoice, rod that drowned the Egyptian army;
Rejoice, you who watered the Israelite people;
Rejoice, living Wood, the Thief's salvation;
Rejoice, fragrant rose, sweet scent of the godly;
Rejoice, food of the hungry in spirit;
Rejoice, God's seal that men have received;
Rejoice, O Cross, doorway to the divine mysteries;
Rejoice, from which divine streams pour forth;
Rejoice, O Wood most blessed.

Kontakion 7:

When Moses was about to deliver his much-troubled race from the Egyptians you, O Cross, were given to him as a rod, but you were made known to him also as a symbol of God wherefore, amazed at your sovereign might, O Cross, he cried: Alleluia!

Ikos 7:

He who was on Sinai gave the law to Moses, Christ our God, by his own will is nailed to the Cross, lawlessly for the lawless men, and he loosed the ancient curse of the law so that beholding the might of the Cross, we might all now cry:

Rejoice, uprighting of the fallen;
Rejoice, downfall of the world's adorers;
Rejoice, inauguration of the Resurrection of Christ;
Rejoice, divine reveling of monastics;
Rejoice, shady-leafed tree under which believers are sheltered;
Rejoice, prophet-proclaimed Wood which has been planted on earth;
Rejoice, alliance of the kingdom against the enemy;
Rejoice, mighty protection of the state;
Rejoice, manifestation of the just Judge;
Rejoice, condemnation of offending mortals;
Rejoice, O Cross, aid to orphans;
Rejoice, O Cross, enricher of the poor;
Rejoice, O Wood most blessed.

Kontakion 8:

Seeing the strange wonder, let us live our life as strangers, lifting our minds up to heaven, for this reason was Christ affixed to the Cross, and suffered in the flesh having willed to draw to the heights them that cry to it: Alleluia!

Ikos 8:

Fully God, Christ came down from on high, retaining His divinity, the only Word from before all ages, and being born of a Virgin Mother, He appeared to the world in the flesh having willed to draw to the heights them that cry:

Rejoice, O Cross, weapon of peace;
Rejoice, starting-point and goal of travelers;
Rejoice, wisdom and firm support of the saved;
Rejoice, folly and destruction of the damned;
Rejoice, fruitful, immortal, and life-bearing plant;
Rejoice, flower that blossomed with our salvation;
Rejoice, for you join together things on earth with things above;
Rejoice, for you enlighten the hearts of all below;
Rejoice, through whom corruption is banished;
Rejoice, through whom sorrow has vanished;
Rejoice, you wealth of goods;
Rejoice, you boast of believers;
Rejoice, O Wood most blessed.

Kontakion 9:

The armies of demons is fallen and the race of Jews is put to shame, seeing that the Cross is worshiped by all with longing as it continuously gushes forth healing to those who cry: Alleluia!

Ikos 9:

When you, O Christ, were affixed to the Wood, the floods of the false beliefs were checked for they are confounded at how You endured the Cross and avoided corruption, but we, glorifying Your Resurrection, cry out:

Rejoice, height of the wisdom of God;
Rejoice, depth of His providence;
Rejoice, ignorance of the unwise;
Rejoice, misfortune of the foolish;
Rejoice, for you manifest the Resurrection of Christ;
Rejoice, for you revive His Passion;
Rejoice, undoer of the trespass of the first-created;
Rejoice, opener of the entrance to Paradise
Rejoice, O Cross, revered by all;
Rejoice, adversary of faithless nations;
Rejoice, O Cross, healer of the sick;
Rejoice, constant help of them that cry;
Rejoice, O Wood most blessed.

Kontakion 10:

With the purpose of saving the world, the lord of the word ineffably descended into it and

submitted to the Cross, and being God He accepted for us the entire human nature, wherefore having also redeemed us, he hears from all: Alleluia!

Ikos 10:

The Cross is the protection of the whole world, for the Creator of heaven and earth Who prepared you stretches out his hands and teaches all to proclaim:

Rejoice, foundation of godliness;
Rejoice, conquest of the promised land;
Rejoice, you who put the spiritual Amalek to flight;
Rejoice, you who were prefigured by the hands of Jacob;
Rejoice, for you transformed the ancient shadows;
Rejoice, for you fulfilled the prophetic utterances;
Rejoice you that carried the Savior of all;
Rejoice, you who destroyed the corrupter of souls;
Rejoice, through whom we are united with Angels;
Rejoice, through whom we are illumined by light;
Rejoice, for with honor we worship you;
Rejoice, for crying out we address you;
Rejoice, O Wood most blessed.

Kontakion 11:

Every hymn falls short in comprehending the multitude of your many wonders, for though we should offer you a multitude of praises, O precious Cross, we can do nothing worthy of what you have granted us, but we still cry: Alleluia!

Ikos 11:

The life-giving Cross, bestowing the radiance that given light to those in darkness, has shown us the immaterial light, and has lightened the way for all to divine knowledge, and being lifted up it now lifts up our minds that we might chant these words:

Rejoice, luminary that shines on those in darkness;
Rejoice, star that dawns upon the world;
Rejoice, lightning that blinds the slayers of Christ;
Rejoice, thunder that terrifies the faithless;
Rejoice, for you have made radiant the choirs of the Orthodox;
Rejoice, for you have consumed the altars of idols;
Rejoice, you whose form has appeared from the heaven;
Rejoice, you whose grace drives away evil;
Rejoice, you who signifies mortification of the flesh;
Rejoice, you who slays the insurrection of the passions;
Rejoice, you upon whom Christ was crucified;
Rejoice, you by whom all the world was saved;
Rejoice, O Wood most blessed.

Kontakion 12:

Having willed to grant grace to men, Christ stretched his hands on the Wood, and calls all nations together and grants the Kingdom of the Heavens to all that worthily sing the hymn and faithfully cry: Alleluia!

Ikos 12:

Chanting this hymn out of love we praise you as the living Wood of the lord, for in the flesh being nailed upon you, He who rules over the powers on high has sanctified, glorified, and taught us to cry these words to you:

Rejoice, O Christ, spiritual sword;
Rejoice, holy gaze of Saints;
Rejoice, prediction of the prophets and righteous;
Rejoice, brilliant stratagem of Christ;
Rejoice, beauty and crown of godly kings;
Rejoice, strength and stronghold of reverent priests;
Rejoice, most noble jewel of truth;
Rejoice, fairest haven of salvation;
Rejoice, joyful splendor of all;
Rejoice, banishment of Hagar's sons;
Rejoice, lamp of purest light;
Rejoice, gladness of my soul;
Rejoice, O Wood most blessed.

Kontakion 13

O most laudable Wood which held the Word, the Most Holy of all holy beings, having received our entreaties deliver from every calamity and redeem from eternal torment all who cry to you: Alleluia!

(Thrice)

(Repeat Ikos 1 and Kontakion 1 again)

[Akathist to the Divine Passion of Christ](#)

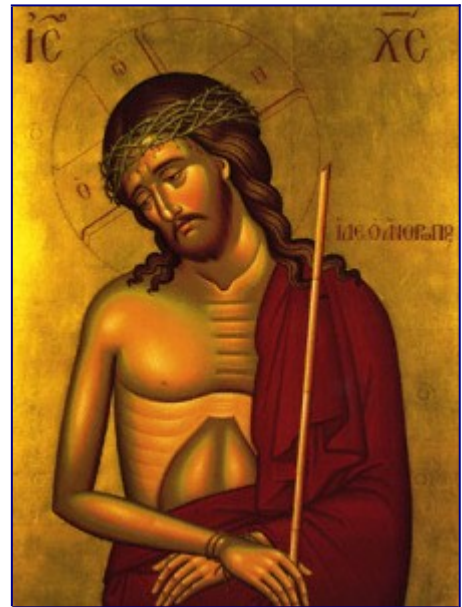
If reading alone, say first the following prayers:

<https://orthodoxfiles.wordpress.com/2013/03/31/order-for-reading-akathists-alone/>

Kontakion 1:

Supreme Ruler and Lord of Heaven and earth, seeing Thee, the Immortal King, hanging on the Cross, all creation was changed, Heaven was horrified, and the foundations of the earth were shaken. But we, unworthy as we are, offer Thee thankful adoration for Thy Passion in our behalf, and with the robber we cry to Thee:

Jesus, Son of God, remember us when Thou comest in Thy Kingdom!



Ikos 1:

In completing the choirs of angels, Thou didst not take on the angelic nature, but being the Eternal God, for my sake Thou becamest man, and Thou didst restore to life men who were dead through sin with Thy Life-giving Body and Blood. Therefore, in gratitude for Thine amazing love, we humbly cry to Thee:

*Jesus, God, Eternal Love, Who was pleased to save us who are born of earth!
Jesus, Infinite Mercy, Who didst come down here to us fallen creatures!
Jesus, Who was clothed in our flesh and didst destroy the dominion of death by Thy death!
Jesus, Who dost deify us with Thy Divine Mysteries!
Jesus, Who hast redeemed the whole world by Thy Cross and Passion!
Jesus, Son of God, remember us when Thou comest in Thy Kingdom!*

Kontakion 2:

Seeing Thee in the Garden of Gethsemane struggling in prayer till Thou didst sweat blood, an angel appeared and strengthened Thee when our sins weighed upon Thee like a heavy burden. For, having taken lost Adam on Thy shoulders, Thou didst bring him to the Father by bending Thy knees and praying. For this I sing to Thee with faith and love: Alleluia!

Ikos 2:

The Jews did not know the incredible truth of Thy voluntary Passion. Therefore, when Thou didst say to those who were seeking Thee at night with lanterns: I AM HE, even though they fell to the ground, yet afterwards they bound Thee and led Thee to the judgment hall. But we fall down before Thee on the Way of the Cross and cry with love:

*Jesus, Light of the world, hated by evil and worldly people!
Jesus, Who dwellest in unapproachable Light, seized by the realms of darkness!
Jesus, Immortal Son of God, condemned to death by a son of perdition!
Jesus, in Whom there is nothing false, falsely kissed by the traitor!
Jesus, Who givest Thyself freely to all, sold for a sum of silver!
Jesus, Son of God, remember us when Thou comest in Thy Kingdom!*

Kontakion 3:

By the power of Thy divinity Thou didst foretell to Thy disciple his threefold denial. But even though after this he denied Thee with an oath, yet when he saw Thee, His Lord and Master, in the high priest's court his heart was touched, and he went out and wept bitterly. Look, then, also upon me, O Lord, and strike my hard heart, that with my tears I may wash away my sins and sing to Thee: Alleluia!

Ikos 3:

Having true power as High Priest for ever, after the order of Melchizedek, Thou didst stand before the criminal high priest Caiaphas. O Lord and Master of all, Who didst accept torture from Thy slaves, accept from us these prayers and praises:

Jesus, Priceless One Who was bought for a price, adopt me into Thine eternal inheritance!
Jesus, desire of all nations, denied from fear by Peter, reject me not a sinner!
Jesus, Innocent Lamb, torn by cruel scourges, rescue me from mine enemies!
Jesus, High Priest, Who hast entered the Holy of Holies with Thy Blood, cleanse me from fleshly impurity!
Jesus bound, Who hast power to bind and to loose, absolve my grievous sins!
Jesus, Son of God, remember us when Thou comest in Thy Kingdom!

Kontakion 4:

Breathing a storm of murderous thoughts, the Jews having listened to the voice of the father of lies and manslayer from time immemorial, the devil, rejected Thee, the right Way, the Truth, and the Life. But we confess Thee to be Christ, the power of God, in Whom are hidden all the treasures of wisdom and knowledge, and we cry: Alleluia!

Ikos 4:

Having heard Thy meek and gentle words, Pilate delivered Thee up to be crucified as deserving death, even though he himself bore witness that he had found not a single fault in Thee. Then he washed his hands, but defiled his heart. And wondering at the mystery of Thy voluntary Passion, with compunction we cry to Thee:

Jesus, Son of God and Son of the Virgin, tortured by the sons of iniquity!
Jesus, mocked and stripped, Who givest the flowers of the field their beauty and deckest the sky with clouds!
Jesus, covered with wounds, Who satisfied the hunger of five thousand men with five loaves of bread!
Jesus, King of all, who instead of a tribute of love and gratitude receivest cruel tortures!
Jesus, Who art wounded all the day long for our sake, heal the wounds of our souls!
Jesus, Son of God, remember us when Thou comest in Thy Kingdom!

Kontakion 5:

Thou wast all arrayed in Thy divine blood, O Thou Who coverest Thyself with light as with a garment. I know, indeed I know with the Prophet why Thy garments are purple. I, Lord, it is I who wounded Thee with my sins. So to thee Who was wounded for my sake I thankfully cry: Alleluia!

Ikos 5:

Foreseeing Thee in spirit covered with shame and wounds, the divinely inspired Isaiah cried in horror: We have seen Him, and He had no form or beauty. And we, seeing thee on the Cross, with faith and amazement cry:

Jesus, enduring dishonour, Who hast crowned man with glory and honour!
Jesus, on Whom angels cannot gaze, slapped in the face!
Jesus, Who was struck on the head with a reed, bow my head in humility!
Jesus, Whose bright eyes were darkened with blood, turn away my eyes from beholding vanity!
Jesus, Who from head to feet hadst not part whole, make me perfectly whole and healthy!
Jesus, Son of God, remember us when Thou comest in Thy Kingdom!

Kontakion 6:

Pilate proved a preacher of Thine innocence, when he told the people that he found nothing in Thee deserving death. But the Jews, like wild beasts that have seen blood, gnashed their teeth at Thee and cried: Crucify, crucify Him! We, however, kiss Thy most pure wounds and cry: Alleluia!

Ikos 6:

Thou wast a spectacle and marvel to men and angels, and to Pilate who said of Thee: Behold the Man! Come, then, let us worship Jesus Who suffered abuse for our sake, as we cry:

Jesus, Creator and Judge of all, judged and tortured by Thy creatures!
Jesus, Giver of Wisdom, Who gavest no answer to foolish questions!
Jesus, Healer of those wounded by sin, grant me the healing of repentance!
Jesus, Shepherd Who was struck, strike the demons that cause me temptation!
Jesus, crushed in body, crush my heart with Thy fear!
Jesus, Son of God, remember us when Thou comest in Thy Kingdom!

Kontakion 7:

Wishing to deliver mankind from slavery to the enemy, Thou didst humble Thyself before Thine enemies, O Jesus, and like a lamb that is dumb Thou wast led to the slaughter, and didst endure wounds all over, that having healed the whole man, he might cry: Alleluia!

Ikos 7:

Wonderful patience didst Thou show when, after the sentence of the unjust judge, the soldiers reviled Thee and inflicted cruel wounds on Thy Most-pure Body, so that it was purple with blood from head to foot. Therefore with tears we cry to Thee:

Jesus, Lover of mankind, crowned with thorns by mankind!
Jesus, impassible in Thy Divinity, enduring thy Passion to free us from our passions!
Jesus, my Saviour, save me who deserve all sufferings!
Jesus, forsaken by all, my Strength, strengthen me!
Jesus, my Joy, from all insults gladden me!
Jesus, Son of God, remember us when Thou comest in Thy Kingdom!

Kontakion 8:

Strange and wonderful it was when Moses and Elijah appeared to Thee on Tabor and spoke of Thy death which Thou wast about to accomplish in Jerusalem, that having beheld Thy glory there and seen our salvation here, they might cry: Alleluia!

Ikos 8:

Everywhere persecuted by the Jews on account of the great multitude of my sins, Thou didst endure my shame and torment. For some say that Thou art opposed to Caesar, others accuse Thee of being a criminal while some cry: Take Him, take Him, and crucify Him. So to Thee, our Lord, condemned by all and led to crucifixion, from the depth of our souls we say:

Jesus, unjustly condemned, our Judge, condemn us not according to our deeds!

Jesus, Who was exhausted on the way under Thy Cross, my Power, forsake me not in the hour of my sorrow and suffering!

Jesus, Who didst cry for help to the Father, mine Exemplar, strengthen me in my weakness!

Jesus, Who didst accept dishonour, my Glory, deprive me not of Thy glory!

Jesus, radiant image of the Father's Being, transfigure my dark and impure life!

Jesus, Son of God, remember us when Thou comest in Thy Kingdom!

Kontakion 9:

All nature was confounded at the sight of Thee hanging on the Cross: in the heavens the sun hid his rays, the earth quaked, the veil of the Temple was torn, the rocks split, and hell gave up her dead. But we worship on the place where Thy most pure feet stood, crying: Alleluia!

Ikos 9:

Eloquent orators, even if they speak much, cannot render sufficient gratitude for Thy Divine Passion, O Lover of mankind. But our souls and bodies, our hearts and all our members with compunction cry to Thee:

Jesus, Who was nailed to the Cross, nail down and annul the handwriting of our sins!

Jesus, Who stretchest out Thy hands from the Cross to all, draw me to Thyself, for I too have gone astray!

Jesus, Door of the sheep, pierced in Thy side, lead me through Thy wounds into Thy bridal chamber!

Jesus, crucified in the flesh, crucify my flesh with its passions and desires!

Jesus, Who didst end Thy life in agony, grant that my heart may know nothing but Thee crucified!

Jesus, Son of God, remember us when Thou comest in Thy Kingdom!

Kontakion 10:

Desiring to save the world, Thou didst heal the blind, the lame, the lepers, the deaf and the dumb, and didst drive out evil spirits. But the foolish Jews, breathing envy and malice, nailed Thee to the Cross, not knowing how to sing: Alleluia!

Ikos 10:

Jesus Eternal King, Thou sufferest in every limb for my intemperance and incontinence, that Thou mightest make the whole of me pure, giving us a pattern in everything that we might follow in Thy steps and cry:

Jesus, unfathomable Love, Who didst not charge with sin those who crucified Thee!

Jesus, Who didst pray earnestly with crying and tears in the garden, teach us also to pray!

Jesus, Who hast fulfilled all prophecy in Thyself, fulfill our heart's desire for goodness!

Jesus, Who didst surrender Thy spirit into thy Father's hands, in the hour of my death receive my spirit!

Jesus, Who didst not prevent the division of Thy garments, separate my soul from my body gently!

Jesus, Son of God, remember us when Thou comest in Thy Kingdom!

Kontakion 11:

Tenderest songs did Thine immaculate Mother offer to Thee, saying: Even though Thou sufferest on the Cross, yet I know Thee from the womb to be begotten of the Father before the morning star, for I see that all creation is suffering with Thee. Thou surrenderest Thy spirit to the Father. Receive also my spirit and forsake me not as I cry: Alleluia!

Ikos 11:

Like a light-receiving lamp the immaculate Virgin stood at Thy Cross burning with love and torn with a mother's sorrow for Thee, the true Sun of Righteousness that was setting in the grave, and with Her accept these prayers of our heart:

Jesus, Who was lifted up on the Tree that with Thyself Thou mightest lift us fallen creatures to Thy Father!

Jesus, Who didst give the Ever-Virgin as a mother to the virgin Apostle that Thou mightest teach us purity and virginity!

Jesus, Who didst entrust Thy Mother to Thy disciple, the Theologian, commit us all to Her maternal protection!

Jesus, Conqueror of the world and hell, conquer the unbelief, the pride of life, and the lust of the eyes that lurks within us!

Jesus, Destroyer of the power of death, deliver me from eternal death!

Jesus, Son of God, remember us when Thou comest in Thy Kingdom!

Kontakion 12:

Grant me Thy Grace, O Jesus my God. Receive me as Thou didst receive Joseph and Nicodemus, that I may offer to Thee my soul like a clean shroud, may anoint Thy most pure body with the fragrant spices of virtue, and may have Thee in my heart as in a tomb, as I cry: Alleluia!

Ikos 12:

Praising Thy voluntary Crucifixion, we venerate Thy Passion, O Christ. We believe with the centurion that Thou art truly the Son of God Who art coming on the clouds with power and great glory. Put us not then to shame, who are redeemed by Thy blood, and thus cry aloud:

Jesus, long-suffering, by the lamentation of Thy Virgin Mother rescue us from eternal weeping!

Jesus, forsaken by all, forsake me not in the hour of my death!

Jesus, with Mary Magdalene who touched Thy feet, receive me!

Jesus, condemn me not with the traitor and those who crucified Thee!

Jesus, bring me with the good thief into Paradise!

Jesus, Son of God, remember us when Thou comest in Thy Kingdom!

Kontakion 13:

O Jesus Christ, Lamb of God, Who takest away the sins of the world, accept this small act of thanksgiving offered to Thee with all our soul, and heal us by Thy saving Passion from all sickness of soul and body. Protect us by Thy Cross from enemies visible and invisible, and forsake us not at

the end of our life, that saved by Thy death from eternal death, we may unceasingly cry to Thee:
Alleluia!

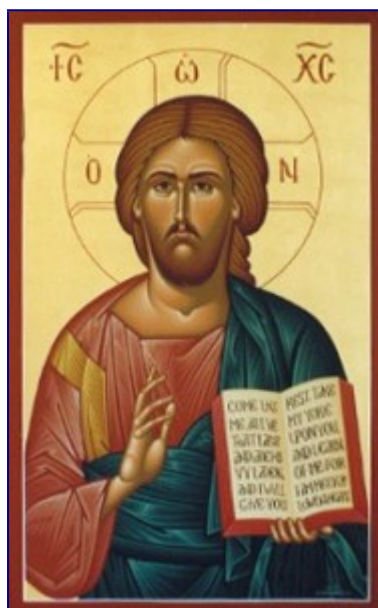
(Thrice)

(Repeat Ikos 1 and then Kontakion 1)

Prayer to the Lord Jesus Crucified:

Lord Jesus Christ, Son of the Living God, Creator of Heaven and earth, Saviour of the world, Behold I who am unworthy and of all men most sinful, humbly bow the knee of my heart before the glory of Thy majesty and praise Thy Cross and Passion, and offer thanksgiving to Thee, the King and God of all, that Thou wast pleased to bear as man all labours and hardships, all temptations and tortures, that Thou mightest be our Fellow-sufferer and Helper, and a Saviour to all of us in all our sorrows, needs, and sufferings. I know, O all-powerful Lord, that all these things were not necessary for Thee, but for us men and for our salvation Thou didst endure Thy Cross and Passion that Thou mightest redeem us from all cruel bondage to the enemy. What, then, shall I give in return to Thee, O Lover of mankind, for all that Thou hast suffered for me, a sinner? I cannot say, for soul and body and all blessings come from Thee, and all that I have is Thine, and I am Thine. Yet I know that love is repaid only by love. Teach me, then, to love and praise Thee. Trusting solely in Thine infinite compassion and mercy, O Lord, I praise Thine unspeakable patience, I magnify Thine unutterable exhaustion, I glorify Thy boundless mercy, I adore Thy purest Passion, and most lovingly kissing Thy wounds, I cry: Have mercy on me a sinner, and cause that Thy holy Cross may not be fruitless in me, that I may participate here with faith in Thy sufferings and be vouchsafed to behold also the glory of Thy Kingdom in Heaven. Amen.

[Akathist to Our Sweetest Lord Jesus Christ](#)



If reading alone, say first the following prayers:

Kontakion 1:

O Champion Leader and Lord, Vanquisher of hades, I, Thy creature and servant, offer Thee songs of praise, for Thou hast delivered me from eternal death; but as Thou hast unutterable loving-kindness, free me from every danger, as I cry: Jesus, Son of God, have mercy on me!

Ekos 1:

Creator of angels and Lord of hosts, as of old Thou didst open ear and tongue to the deaf and dumb, likewise open now my perplexed mind and tongue to the praise of Thy Most Holy Name, that I may cry to Thee:

Jesus, Most-wonderful, Angels' Astonishment!

Jesus, Most-powerful, Forefathers' Deliverance!

Jesus, Most-sweet, Patriarchs' Exaltation!

Jesus, Most-glorious, Kings' Stronghold!

Jesus, Most-beloved, Prophets' Fulfillment!

Jesus, Most-marvelous, Martyrs' Strength!

Jesus, Most-peaceful, Monks' Joy!

Jesus, Most-gracious, Presbyters' Sweetness!

Jesus, Most-merciful, Fasters' Abstinence!

Jesus, Most-tender, Saints' Rejoicing!

Jesus, Most-honourable, Virgins' Chastity!

Jesus, Everlasting, Sinners' Salvation!

Jesus, Son of God, have mercy on me!

Kontakion 2:

As when seeing the widow weeping bitterly, O Lord, Thou wast moved with pity, and didst raise her son from the dead as he was being carried to burial, likewise have pity on me, O Lover of mankind, and raise my soul, deadened by sins, as I cry: Alleluia!

Ekos 2:

Seeking to understand the incomprehensible, Philip asked: "Lord, show us the Father," and Thou didst answer him: "Have I been so long with you and yet hast thou not known that I am in the Father and the Father in Me?" Likewise, O Incomprehensible One, with fear I cry to Thee:

Jesus, Eternal God!

Jesus, All-Powerful King!

Jesus, Long-suffering Master!

Jesus, All-Merciful Saviour!

Jesus, my gracious Guardian!

Jesus, cleanse my sins!

Jesus, take away mine iniquities!

Jesus, pardon mine unrighteousness!

Jesus, my Hope, forsake me not!

Jesus, my Helper, reject me not!

Jesus, my Creator, forget me not!

Jesus, my Shepherd, destroy me not!

Jesus, Son of God, have mercy on me!

Kontakion 3:

Thou Who didst clothe with power from on high Thine Apostles who tarried in Jerusalem, O Jesus, clothe also me, stripped bare of all good work, with the warmth of Thy Holy Spirit, and grant that with love I may sing to Thee: Alleluia!

Ekos 3:

In the abundance of Thy mercy, O Jesus, Thou hast called publicans and sinners and infidels. Now disdain me not who am like them, but as precious myrrh accept this song:

Jesus, Invincible Power!

Jesus, Infinite Mercy!

Jesus, Radiant Beauty!

Jesus, Unspeakable Love!

Jesus, Son of the Living God!

Jesus, have mercy on me, a sinner!

Jesus, hear me who was conceived in sins!

Jesus, cleanse me who was born in sin!

Jesus, teach me who am worthless!

Jesus, enlighten my darkness!

Jesus, purify me who am unclean!

Jesus, restore me, a prodigal!

Jesus, Son of God, have mercy on me!

Kontakion 4:

Having an interior storm of doubting thoughts, Peter was sinking. But beholding Thee, O Jesus, in the flesh walking on the waters, he confessed Thee to be the true God; and receiving the hand of salvation, he cried: Alleluia!

Ekos 4:

When the blind man heard Thee, O Lord, passing by on the way, he cried: "Jesus, Son of David, have mercy on me!" And Thou didst call him and open his eyes. Likewise enlighten the spiritual eyes of my heart with Thy love as I cry to Thee and say:

Jesus, Creator of those on high!

Jesus, Redeemer of those below!

Jesus, Vanquisher of the power of hades!

Jesus, Adorner of every creature!

Jesus, Comforter of my soul!

Jesus, Enlightener of my mind!

Jesus, Gladness of my heart!

Jesus, Health of my body!

Jesus, my Saviour, save me!

Jesus, my Light, enlighten me!

Jesus, deliver me from all torments!

Jesus, save me despite mine unworthiness!

Jesus, Son of God, have mercy on me!

Kontakion 5:

As of old Thou didst redeem us from the curse of the law by Thy Divine-flowing Blood, O Jesus, likewise rescue me from the snares in which the serpent hath entangled us through the passions of the flesh, through lustful suggestions and evil despondency, as we cry to Thee: Alleluia!

Ekos 5:

Having beheld the Creator in human form and knowing Him to be the Master, the Hebrew children hastened to please Him with branches, crying: Hosanna! But we offer Thee a song, saying:

Jesus, True God!

Jesus, Son of David!

Jesus, Most Glorious King!

Jesus, Blameless Lamb!

Jesus, Most Wonderful Shepherd!

Jesus, Guardian of mine infancy!

Jesus, Nourisher of my youth!

Jesus, Praise of mine old age!

Jesus, my Hope at death!

Jesus, my Life after death!

Jesus, my Comfort at Thy Judgment!

Jesus, my Desire, put me not then to shame!

Jesus, Son of God, have mercy on me!

Kontakion 6:

In fulfillment of the words and message of the inspired Prophets, O Jesus, Thou didst appear on earth, and Thou Who art uncontainable didst dwell with men. Thenceforth, being healed through Thy wounds, we learned to sing: Alleluia!

Ekos 6:

The light of Thy truth shone upon the world, and demonic delusion was driven away; for the idols have fallen, O our Saviour, unable to endure Thy strength. But we, having received salvation, cry to Thee:

Jesus, the Truth, dispelling falsehood!

Jesus, the light above all radiance!

Jesus, the King, surpassing all in strength!

Jesus, God, constant in mercy!

Jesus, Bread of Life, fill me who am hungry!

Jesus, Source of Knowledge, refresh me who am thirsty!

Jesus, Garment of Gladness, clothe me, the corruptible!

Jesus, Shelter of Joy, cover me, the unworthy!

Jesus, Giver to those who ask, give me sorrow for my sins!

Jesus, Finder of those who seek, find my soul!

Jesus, Opener to those who knock, open my wretched heart!

Jesus, Redeemer of sinners, blot out my transgressions!

Jesus, Son of God, have mercy on me!

Kontakion 7:

Desiring to reveal the mystery hidden from the ages, Thou wast led as a sheep to the slaughter, O Jesus, and as a lamb before its shearer. But as God Thou didst rise from the dead and didst ascend with glory to heaven, and along with Thyself Thou didst raise us who cry: Alleluia!

Ekos 7:

The Creator hath shown us a marvelous Creature, Who was incarnate of a Virgin without seed, rose from the tomb without breaking the seal, and entered bodily the Apostles' room when the doors were shut. Therefore, marveling at this we sing:

Jesus, Infinite Word!

Jesus, Inscrutable Word!

Jesus, Incomprehensible Power!

Jesus, Inconceivable Wisdom!

Jesus, Inexpressible Divinity!

Jesus, Boundless Dominion!

Jesus, Invincible kingdom!

Jesus, Endless Sovereignty!

Jesus, Supreme Strength!

Jesus, Eternal Power!

Jesus, my Creator, have compassion on me!

Jesus, my Saviour, save me!

Jesus, Son of God, have mercy on me!

Kontakion 8:

Seeing God wondrously incarnate, let us shun the vain world and set our mind on things divine; for God came down to earth that He might raise to heaven us who cry to Him: Alleluia!

Ekos 8:

The Immeasurable One was below all things, yet in no way separated from things above, when He willingly suffered for our sake, and by His death our death didst put to death, and by His Resurrection didst grant life to those who sing:

Jesus, Sweetness of the heart!

Jesus, Strength of the body!

Jesus, Radiance of the soul!

Jesus, Swiftmess of the mind!

Jesus, Joy of the conscience!

Jesus, Well-known Hope!

Jesus, Memory before the ages!

Jesus, High Praise!

Jesus, my Supremely-exalted Glory!

Jesus, my Desire, reject me not!

Jesus, my Shepherd, seek me!

Jesus, my Saviour, save me!

Jesus, Son of God, have mercy on me!

Kontakion 9:

All the angelic nature of heaven doth glorify unceasingly Thy most holy Name, O Jesus, crying: Holy, Holy, Holy! But we sinners on earth, with lips of dust cry: Alleluia!

Ekos 9:

We see most eloquent orators voiceless as fish concerning Thee, O Jesus our Saviour. For they are at a loss to say how Thou art perfect man yet remainest God immutable. But we, marveling at this Mystery, cry faithfully :

Jesus, God before the ages!

Jesus, King of kings!

Jesus, Master of rulers!

Jesus, Judge of the living and the dead!

Jesus, Hope of the hopeless!

Jesus, Comfort of the them that mourn!

Jesus, Glory of the poor!

Jesus, condemn me not according to my deeds!

Jesus, cleanse me according to Thy mercy!

Jesus, take from me despondency!

Jesus, enlighten the thoughts of my heart!

Jesus, grant me remembrance of death!

Jesus, Son of God, have mercy on me!

Kontakion 10:

Desiring to save the world, O Sunrise of the East, Thou didst come to the dark Occident of our nature, and didst humble Thyself even unto death. Wherefore Thy Name is supremely exalted above every name, and from all the tribes of heaven and earth, Thou dost hear: Alleluia!

Ekos 10:

King Eternal, Comforter, true Christ! Cleanse us from every stain as Thou didst cleanse the Ten Lepers, and heal us as Thou didst heal the greedy soul of Zacchaeus the Publican, that we may shout to Thee in compunction crying aloud:

Jesus, Treasury Incorruptible!

Jesus, Wealth Unfailing!

Jesus, Strong Food!

Jesus, Drink Inexhaustible!

Jesus, Garment of the poor!

Jesus, Protection of widows!

Jesus, Defender of orphans!

Jesus, Helper of toilers!

Jesus, Guide of pilgrims!

Jesus, Pilot of voyagers!

Jesus, Calmer of tempests!

Jesus, God, raise me who am fallen!

Jesus, Son of God, have mercy on me!

Kontakion 11:

Tenderest songs I, though unworthy, offer to Thee, and like the woman of Canaan, I cry to Thee: O Jesus, have mercy on me! For it is not a daughter, but my flesh cruelly possessed with passions and burning with fury. So grant healing to me who cry unto Thee: Alleluia!

Ekos 11:

Having previously persecuted Thee, the Light-bestowing Lamp of those in the darkness of ignorance, Paul heeded the power of the voice of Divine enlightenment, and understood the swiftness of the soul's conversion. Thus also do Thou enlighten the dark eye of my soul, as I cry:

Jesus, my Most-mighty King!

Jesus, my Most-powerful God!

Jesus, mine Immortal Lord!

Jesus, my Most-glorious Creator!

Jesus, my Most-good Guide!

Jesus, my Most-compassionate Shepherd!

Jesus, my Most-merciful Master!

Jesus, my Most-gracious Saviour!

Jesus, enlighten my senses darkened by passions!

Jesus, heal my body scabbed with sins!

Jesus, cleanse my mind from vain thoughts!

Jesus, keep my heart from evil!

Jesus, Son of God, have mercy on me!

Kontakion 12:

Grant me Thy grace, O Jesus, Absolver of all debts, and receive me who am repenting, as Thou didst receive Peter who denied Thee, and call me who am downcast, as of old Thou didst call Paul who persecuted Thee, and hear me crying to Thee: Alleluia!

Ekos 12:

Praising Thine incarnation, we all extol Thee and we believe, with Thomas, that Thou art Lord and God, sitting with the Father and coming to judge the living and the dead. Vouchsafe me then to stand on Thy right hand, who now cry:

Jesus, King before the ages, have mercy on me!

Jesus, Sweet-scented Flower, make me fragrant!

Jesus, Beloved Warmth, make me fervent!

Jesus, Eternal Temple, shelter me!

Jesus, Garment of Light, adorn me!

Jesus, Pearl of Great Price, irradiate me!

Jesus, Precious Stone, illumine me!

Jesus, Sun of Righteousness, shine on me!

Jesus, Holy Light, make me radiant!

Jesus, from sickness of soul and body deliver me!

Jesus, from the hands of the adversary rescue me!

Jesus, from the unquenchable fire and other eternal torments save me!

Jesus, Son of God, have mercy on me!

Kontakion 13:

O most-sweet and all-compassionate Jesus! Receive now this our small supplication, as Thou didst receive the widow's two mites, and keep Thine inheritance from all enemies, visible and invisible, from foreign invasion, from disease and hunger, from all tribulations and mortal wounds, and rescue from the torment to come all that cry to Thee: Alleluia!

(Thrice)

(And again, Ekos 1 followed by Kontakion 1)

Prayer to Our Lord Jesus Christ

To Thee, O Lord, the only Good One, Who rememberest not evils, I confess my sins, I fall down before Thee, unworthy that I am, crying out: I have sinned, O Lord, I have sinned, and I am not worthy to look upon the height of heaven for the multitude of mine iniquities. But, my Lord, O Lord, grant me tears of compunction, Thou Who alone art good and merciful, so that with them I may entreat Thee to cleanse me of all sin before the end; for frightful and terrible is the place that I must pass through when I have separated from this body, and a multitude of dark and inhuman demons awaiteth me, and there is no one to come to my help or to deliver me; wherefore, I fall down before Thy goodness: deliver me not up to them that wrong me, nor let mine enemies triumph over me, O Good Lord, nor let them say: thou hast come into our hands, and thou hast been delivered unto us. Neither, O Lord, forget Thy compassions, and render not unto me according to mine iniquities, and turn not Thy countenance away from me; but do Thou, O Lord, chasten me, but with mercy and compassion, and let not mine enemy rejoice over me, but quench his threatening against me, and bring to nought all his deeds. And grant me an unsullied way to Thee, O Good

Lord, because, having sinned, I have not had recourse to any other physician, and have not stretched out my hands to a strange god. Therefore, reject not my supplication, but hearken unto me in Thy goodness, and strengthen my heart in Thy fear; and let Thy grace be upon me, O Lord, like a fire consuming the impure thoughts within me. For Thou, O Lord, art the Light above all lights, the Joy above all joys, the Repose above all repose, the True Life, and the Salvation that abideth unto the ages of ages. Amen.

<https://orthodoxfiles.wordpress.com/category/akathists-to-the-saviour/>